



S a a b C a

Join the Dalhousie Office of Sustainability for a month long challenge designed to teach you how to take action and incorporate sustainability into your work and daily life. At the end of each week, let us know what actions you took on the challenge submission form to be entered into our prize draw. You can submit once per week during the four-week challenge, you received one chance for each challenge completed and 4 chances for each webinar you attend.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Learn about <u>Netukulimk</u>	2 Attend the "How To: Sustainable Events" Workshop	3	4 Book an appt to <u>switch to energy efficient products for free</u>	5 <u>Regrow produce from food scraps</u>
6	7	8 Save <u>veggie scraps</u> and make <u>veggie stock</u>	9 Attend the "What Waste Goes Where: Webinar	10	11	12 Repurpose something in your house
13 Complete the Dalhousie Procurement Checklist Quiz	14 Learn about one definition of <u>sustainability</u> .	15	16 Attend <u>How to Reuse in your home to a reusable</u>	17	18	19
20	21	22	23	24	25	26
27	28 Try cooking a vegan meal, with <u>help from the Loaded Ladle</u>	29	30			